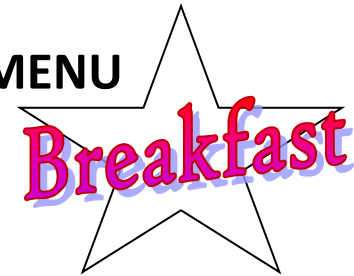




## SECONDARY SCHOOL CLASSROOM BREAKFAST MENU 2020



### TWO OF THE FOLLOWING AT BREAKFAST:

- Assorted Cereals (20-28g)
  - Cheese Stick (1g)
- Graham Cracker (19g)
- Hard Boiled Egg (1g)
  - Muffins (26-29g)
  - Yogurt (14g)

1% low fat white milk (12g) or skim chocolate milk (22g) and apple juice/orange juice (14g) or fresh fruit with breakfast.

NO PORK OR NUT PRODUCTS OFFERED.

Nutrient and ingredient information can be found online:  
CCSOH.US >Food Services and Menus > Itemized Food List.

This institution is an equal opportunity provider, employer,  
and lender.

Menu is subject to change.